

90 Day Plan



GOALS for the next 90 days (how will you know it's completed?)

- 1.
- 2.
- 3.

GOAL 1

a) brainstorm all of the tasks and write them into the three phases

Beginning:

Middle:

End

Resources & Tools required

90 Day Plan



GOAL 2

a) brainstorm all of the tasks and write them into the three phases

Beginning:

Middle:

End

Resources & Tools required

90 Day Plan

GOAL 3

a) brainstorm all of the tasks and write them into the three phases

Beginning:

Middle:

End

Resources & Tools required

90 Day Plan



List your top 3-5 Priority Tasks from your Beginning Brainstorm

Goal 1

Goal 2

Goal 3

MONTH 1

List your top 3-5 Priority Tasks from your Middle Brainstorm

Goal 1

Goal 2

Goal 3

MONTH 2

List your top 3-5 Priority Tasks from your End Brainstorm

Goal 1

Goal 2

Goal 3

MONTH 3

90 Day Plan



Break your monthly tasks down in to weekly focus

MONTH 1

Week 1

Week 2

Week 3

Week 4

MONTH 2

Week 1

Week 2

Week 3

Week 4

MONTH 3

Week 1

Week 2

Week 3

Week 4

90 Day Plan



MONTH 1 Potential Obstacles & Ideas to overcome them

MONTH 2 Potential Obstacles & Ideas to overcome them

MONTH 3 Potential Obstacles & Ideas to overcome them

What next?

- Schedule the weekly priorities into Asana or your calendar
- Review them every month to help you stay on track
- Schedule in time for the monthly review! (now xx)
- Work backwards to double check that you have covered everything from end to start.
ie What do I need to finish? What do I need to do before that?